



GROMINATOR

Model FS80966
Model FS80967
Model FS80968

FEATURES:

- CURRENT TIME
- DAY/MONTH/DATE
- DAILY ALARM
- HOURLY CHIME
- STOPWATCH
- COUNTDOWN TIMER
- DUAL TIME
- DUAL ALARM
- 100 Meters H2O
- NIGHT VISION™
BACK LIGHT

KEY TO SYMBOLS



INTRODUCTION

Congratulations on your purchase of the Grominator. Designed for easy operation, the watch automatically tells you which button to use in a setting procedure. The watch has the following functions:

- Real-time calendar clock for home time
- Second calendar clock for foreign time
- Dual daily alarms and hourly chimes
- Stopwatch with split function
- 10 preset countdown timers

The watch is also equipped with an EL back light to facilitate time reading at night or in dim light.

HOW TO USE THE BACK LIGHT

Press the LIGHT button once to turn on the back light for three seconds.

DISPLAY MODES

The watch has four display modes: home time (TIME), home time alarm (ALM1), stopwatch (STW) and countdown timer (TMR).

To change from one display mode to another, press the S3 button once. The mode description will appear for two seconds before activating the selected mode.

HOME AND FOREIGN DISPLAY

To display the foreign time, press S2 when the home time is displayed. The mode description [TM-2] will appear shortly before the foreign time is displayed. To change back to the home time, press S2.

To display the daily alarm for foreign time, press S2 when the daily alarm for home time is displayed. The mode description [ALM 2] will appear shortly before the foreign time alarm is displayed.

HOW TO SET THE TIME AND DATE

- 1 Select time display using the S3 button.
- 2 Select home time or foreign time using the S2 button.
- 3 Hold the S2 button for two seconds. The SET message will appear momentarily. The second digits will blink.
- 4 Press the S1 button to reset the second digits to 00.
- 5 Press the S3 button. The minute digits will blink.
- 6 Use the S1 button to set the minutes. Press the button once to increase the digits by one unit or speed up the process by holding down the button.
- 7 Press the S3 button. The hour digits will blink.
- 8 Use the S1 button to set the hours.
- 9 Follow the same pattern to set the day-of-the-month, month, day-of-the-week, hour format and date format. For the hour format, you can choose 12-hour display with P indicator or 24-hour display. As for the date format, you can choose M-D (month-day) or D-M (day-month). The chosen formats will apply to

both home and foreign settings.

- 10 Press the S2 button to confirm the settings and return to current time display.
- 11 In setting mode, if there is no manipulation for about 120 seconds, the display will automatically return to current time display.

HOW TO SET THE DAILY ALARMS

- 1 Select alarm function using the S3 button.
- 2 Select home and foreign time alarm using the S2 button.
- 3 Hold the S2 button for two seconds. The SET message will appear. The minute digits will blink.
- 4 Use the S1 button to set the minutes.
- 5 Press the S3 button. The hour digits will blink.
- 6 Use the S1 button to set the hours.
- 7 Press the S2 button to confirm and exit.
- 8 In setting mode, if there is no manipulation for about 100 seconds, the display will automatically return to home / foreign time alarm display (subject to the alarm time being selected for setting).

HOW TO USE THE DAILY ALARMS AND CHIMES

To display the alarm time, select ALM 1 or ALM 2 mode using the S2 button in alarm mode.

Use the S1 button to set the status of the alarm and chime functions of the chosen alarm. Press the button once to activate the daily alarm. Press the button again to activate the hourly chime. Press the button a third time to activate both functions. To deactivate both, press the S1 button a fourth time.

The chime and alarm indicators will appear when their respective functions are active.

WHEN AN ALARM OR HOURLY CHIME GOES OFF

A tune will go off by the hour if the hourly chime function is activated and a 20-second alarm tune will be emitted at the designated time when the alarm is active. To stop either tune, press any button.

To disable the functions, select ALM 1 or ALM 2 and use S1 button to turn off the indicator of the function as desired.

HOW TO USE THE STOPWATCH

For a straight forward count-up,

- 1 Select stopwatch mode using the S3 button. The last recorded time of the stopwatch will be displayed. Press the S2 button to clear the old record.
- 2 Press the S1 button once to start the stopwatch. The watch will start counting from 00'00"00 if the watch is cleared. Otherwise, it will pick up from where it last left off. The watch will count up to 59 minutes and 59.99 seconds before starting from zero again.
- 3 To stop counting, press the S1 button once. Press the button again to resume from where it left off. To clear the stopwatch, press the S1 button to stop counting and then press the S2 button.

The stopwatch is equipped with a split function for you to keep track of individual lap time. To use the function,

- 1 While the stopwatch is running, press the S2 button once whenever you want to register a lap. The stopwatch is still running in the background. To display the currently accumulated time, press the S2 button.
- 2 Repeat the last step until you have registered all the laps.
- 3 Press S1 to stop counting. Press the button again to resume or press the S2 button to clear.

Note: You can leave the stopwatch running while switching over to other operating modes. The STW indicator will light up as a reminder.

HOW TO USE THE TIMER

To set the count down time,

- 1 Select timer mode using the S3 button. The last selected timer setting will be displayed.
- 2 Use the S2 button to alter the setting. You can select among 1, 3, 5, 10, 15, 20, 25, 30, 45 and 60 minutes.

To start a countdown, press the S1 button. Press the button again to stop the countdown or a third time to

resume from where it left off.

After reaching zero on a countdown, a 20-second beep will go off. To stop the beeping, press any button. The timer will reload automatically.

BATTERY INFORMATION

The watch uses a 3.0V lithium button cell battery, which in normal circumstances will be good for 1-2 years. However, the battery life will vary due to shelf time and the manner the watch is used.

FOLLOW THESE 8 TIPS TO GET THE MOST OUT OF YOUR NEW WATCH!

1. Never Pull out the crown or operate the pushers/buttons under water.
2. Make sure your crown is returned to the original position before you expose your watch to water.
3. If your watch is exposed to saltwater it is very important to wash it thoroughly under tap water and wipe dry with a soft cloth. Keep it clean!
4. Sever impacts or drops may affect your watches water resistance and performance.
5. Avoid exposing your Freestyle watch to extreme temperatures such as in a hot shower, Jacuzzi, sauna or hot tub. The combination of extreme heat and water may cause your watch to lose some of its water resistance.
6. Avoid exposing your watch to chemicals, soaps or solvents as they deteriorate the water resist seals in your watch.
7. Never try to remove the caseback, leave this to a certified watch repair technician or Freestyle service center. This will help in preventing water leakage from improper battery replacement.
8. It is advisable to have your watch pressure tested annually and to re-furbish your watch every 2-3 years to extend the life of the watch.