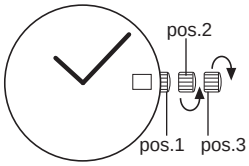
Freestyle®

ANALOG WATCH INSTRUCTIONS

WATCH CARE TIPS

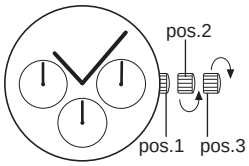
With proper care, your FreeStyle® timepiece will provide years of trouble-free service. Should your watch ever require repair, return it directly to FreeStyle at the address shown in the warranty information.
• Any watch should be thoroughly rinsed in fresh water after use in salt water, sand, mud, etc.
• If your watch has a rotating bezel, rinse it thoroughly after use in salt water or sand, rotating the bezel several times while the watch is immersed in fresh water.
• If your watch is equipped with a leather band, treat it regularly with a high-quality leather care product.
• Your battery should be replaced approximately every two years.

SETTING THE TIME AND DATE



1. Pull crown out to first “click” as shown in position 2.
2. Turn the crown and set the date to one day before the actual date. This is important to ensure proper date advancement. If date does not advance, turn crown in opposite direction.
3. Pull the crown out one more “click” as shown in position 3.
4. Turn the crown clockwise, moving the watch hands until the correct date appears. Note that you are now in the AM mode and must advance the hour hand all the way past the 12 o’clock position to set PM time. Failure to follow this step will cause the date to advance at 12 o’clock noon instead of 12 o’clock midnight.
5. With the crown still in position 3, rotate the crown until the hands are positioned at the desired time.
6. Firmly push crown in as shown in position 1. This will activate your watch.

MULTI-EYE MOVEMENT

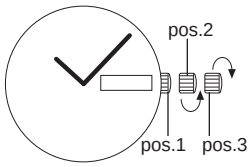


Date Setting
1. Pull out crown to first “click” as shown in position 2.
2. Turn the crown clockwise to advance the date hand.

Day and Time Setting
1. Pull the crown out one more “click” as shown in position 3.
2. Turn crown clockwise to advance hour and minute hands. The hand showing days of the week will also move with the hour and minute hands. Keep turning until you have reached the desired day.

24 Hour Sub-Dial Setting
1. The 24-hour hand moves correspondingly with the hour and minute hands. When setting the time be sure to check that the 24-hour hand is set properly.
2. Firmly push crown in as shown in position 1.

DAY-DATE MOVEMENT

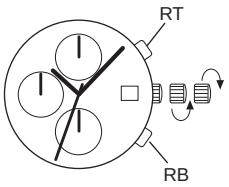


Day Setting
1. Pull out crown to first “click” as shown in position 2.
2. Turn the crown clockwise and set the day for the previous day.

Date Setting
1. With the crown still in position 2, turn the crown counter-clockwise and set the date to one day before the actual date. This is important to ensure proper date advancement.

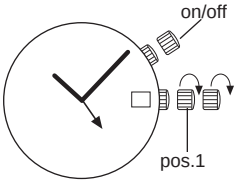
Time Setting
1. Pull the crown out one more “click” as shown in position 3.
2. Turn crown clockwise to advance the time and continue until the day/date changes to the present day. Note that you are now in the AM mode and must advance the hour hand all the way past the 12 o’clock position to set PM time. Failure to follow this step will cause the date to advance at 12 o’clock noon instead of 12 o’clock midnight.
3. Set the correct time, and firmly push crown in as shown in position 1.

CHRONOGRAPH MOVEMENTS



If your watch is a chronograph, you can set the date and time according to the instructions on the “SETTING DATE AND TIME” section. Additionally, to use the chronograph feature, do the following:
1. The chrono tracks seconds using the large second hand on the watch. Minutes are tracked by the small hand at the 12 o’clock position and hours by the hand at the 9 o’clock position.
2. Start the chrono by pressing button RT. Stop it by pressing RT again. Reset to zero by pressing RB.
3. If your chrono is not zeroed correctly (second hand is not at 12 o’clock when reset), you can adjust the zero point by fully extending the crown and pressing RT repeatedly.

ALARM MOVEMENTS



If your watch has an alarm function you can set the alarm by pulling out the 3 o’clock crown to position 1 and turning it in a clockwise direction. The shortest hand is usually the alarm hand. When the hand is set to the desired alarm time pull out the 2 o’clock crown to turn the alarm on. Alarm sounds for 15 seconds and is repeated for around 3 minutes. To turn alarm sounds off, push the 2 o’ clock crown button fully in.

METAL BAND ADJUSTMENT

If your watch is equipped with a metal band, it may need adjusting to fit your wrist. If removal of links is necessary for proper adjustment, this should be done by a watch repair specialist or jeweler.

NYLON BAND CARE

All FreeStyle® nylon watch bands are made from the highest quality material. They are washable in warm water and a mild liquid soap. Since your watch is water resistant, it is not necessary to remove the band from the watch when washing it. For stubborn stains, scrub with a small brush (i.e. a toothbrush) and rinse thoroughly. If your nylon band has leather attached, apply a small amount of a good quality water and stain repellent leather care product to the leather portion before and after washing.

NIGHT VISION™ BACKLIGHTING

If your FreeStyle® watch is equipped with the Night Vision™ backlighting feature, you can activate the light by pressing the button located on either the two o’clock or three o’clock position above the crown. On some watches, pushing the crown activates the light. The light will remain activated for as long as you hold the button. Additionally, some models feature a delay that will keep the light active for a brief period after you release the button.

WARNING: Do not press the Night VIsion™ button while underwater. Although it is water-resistant in its normal position it will leak when pressed under water, and void your warranty.

Under normal circumstances, use of the Night Vision™ backlight will not affect battery life. However, repeated and frequent use of the backlight will reduce battery service life.

If your FreeStyle® watch is equipped with a rotating bezel, this bezel functions as a one-hour timer. To use, simply rotate the bezel counter-clockwise until the zero mark (a dot, “V” or fin) on the bezel lines up with the minute hand as shown in the illustration at left. DO NOT FORCE BEZEL IN OPPOSITE DIRECTION. As the minute hand moves, you will be able to track the elapsed time of your dive or other activity.
NOTE: After use in salt water or sand, always rinse the watch in fresh water and rotate bezel several times while immersed in fresh water.

WARRANTY INFORMATION

Freestyle U.S.A. warrants, to the original purchaser, that its watches are free from defects in materials and workmanship for a period of ten (10) years under normal use. The warranty excludes batteries, crystal, watch case plating, and strap/ bracelet/ band. The warranty excludes normal wear and tear and abuse.

Special note: Freestyle® watches are designed and engineered to be highly water-resistant, and to withstand the most active of lifestyles. The most important component in keeping your watch water-resistant is the case back O-ring, which prevents water from entering the watch through the case back.

Water leakage most often occurs after improper battery replacement. We strongly recommend having a certified jeweler, watch repair technician or Freestyle's service center replace your battery. Water leakage due to improper battery replacement is not covered under warranty.

Neither this warranty, nor any other warranty expressed, is assumed for any incidental or consequential damages, including but not limited to the mathematical accuracy of the product. Some states do not allow limitations on how long an implied warranty lasts, or the exclusions of or limitations on consequential damages, so the above limitations may not apply to you. This warranty gives you specific legal rights, and you may have other rights which vary from state to state.

This warranty applies to watchespurchased in the United States. For watches purchased outside the United States, please contact your authorized Freestyle® dealer for warranty information.

If your watch requires servicing notcovered under our warranty (battery, crystal, strap/bracelet/band, watch case plating), or refurbishing, complete the return form (next column) and return with your watch.