Freestyle®

722 LADY PREDATOR WATCH INSTRUCTIONS

FEATURES:

- CURRENT TIME (HR., MIN.,& SEC.), DAY, DATE
- CHRONOGRAPH WITH SPLIT AND LAP TIMER
- CHRONOGRAPH 10 LAP RECALL
- TWO DAILY ALARMS & HOURLY CHIME
- COUNTDOWN TIMER
- DUAL TIME
- OPTIONAL 24-HR. TIME (MILITARY TIME)
- WATER RESISTANT TO 100M.
- NIGHT VISION™ ELECTROLUMINESCENT BACKLIGHTING

KEY TO SYMBOLS



S1= Start / Stop button
S2= Lap/ Reset button.
S3= Mode button.
S4= Light button.
S5= Lap / Reset button.

HOW TO RESET THE WATCH.
Hold down the S3, S1 and (S2 or S5) buttons simultaneously for two seconds. The LCD will light up briefly and factory setting will be adopted. This procedure is useful when you want to erase all current settings and start a new.

DISPLAY MODES.
The watch has seven major display modes: NORMAL TIME, TIME 2, ALARM 1, ALARM 2, CHRONO, PACER and TIMER.
To change from one display mode to another, press the S3 button once.

HOW TO USE THE EL BACKLIGHT AND NIGHT LIGHT
The watch is equipped with an electroluminescence (EL) backlight, which can be activated by pressing the S4 button. The LCD will light up for three seconds.

The watch is equipped with a night light function to further facilitate time reading in the dark. To activate it, press and hold the S4 button for two seconds in any mode except CHRONO. The NIGHT LIGHT indicator will light up. Pressing any button afterward will turn on the backlight for three seconds.

To turn off the night light function, press and hold the S4 button. The NIGHT LIGHT indicator will disappear. The night light function will also be deactivated automatically after being idle for three hours.

ABOUT NORMAL TIME AND CALENDAR DISPLAY
In normal time mode, the day-of-the-week and month-day are displayed on the top part of the display while the time is displayed on the bottom part.
Press the S2/S5 button to change between 12-hour and 24-hour clock format. When the 12-hour format is chosen, the A or P indicator will light up to show the correct time of the day. The chosen clock format will apply to the second clock also.

THE HOURLY CHIME
In normal time mode, press the S1 button to activate or deactivate the hourly chime. The CHIME indicator will light up and a short beep will be emitted by the hour.
To deactivate the function, press the S1 button again in normal time mode. The CHIME indicator will disappear.

HOW TO SET THE CURRENT TIME AND DATE
1. Select the normal time mode using the S3 button.
2. Hold down the S2 / S5 button for two seconds. The second digit will blink.
3. Press the S1 button to reset the second digits to 00. This will increase the time by one minute if the original setting is at 30 seconds or more.
4. Press the S3 button. The minute digits will blink.
5. Use the S1 button to set the minutes. Press the button once to increase one unit or speed up the process by holding down the button.
6. Press the S3 button. The hour digits will blink.
7. Use the S1 button to set the hours.
8. Follow the same pattern to set the day-of-the-week, year, month and day. You can set whatever year between 1990 to 2089.
9. Press the S2 / S5 button to confirm and return to normal display.

You can retain the set values and exit the setting procedure at any time by pressing the S2 / S5 button. The watch will do it automatically if the buttons are left idle for two minutes.

HOW TO SET THE SECOND CLOCK
The second clock behaves like the normal time one. You can use it to keep track of a foreign time. When the TIME 2 mode is selected, the second clock will be displayed above the real-time.
To set the second clock,
1. Select the TIME 2 mode using the S3 button. The TIME 2 indicator will light up.
2. Hold down the S2 / S5 button. The hour digit will blink.
3. Use the S1 button to set the hours.
4. Press the S2 / S5 button to confirm.

The watch will do it automatically if the buttons are left idle for two minutes.

HOW TO SET THE DAILY ALARMS
There are two daily alarms: You can activate or deactivate the alarms individually.
To set the alarm clock,
1. Select the ALARM 1 or ALARM 2 mode using the S3 button. The alarm clock is displayed above the normal.
2. Hold down the S2 / S5 button for two seconds. The minute digits will blink.
3. Use the S1 button to set the minutes.
4. Press the S3 button. The hour digits will blink.
5. Use the S1 button to set the hours.
6. Press the S2 / S5 button to exit.

To activate the alarm, press the S1 button while the desired alarm is displayed. The ALARM 1 ON or ALARM 2 ON indicator will light up. Press the button a second time to deactivate the function.
An alarm will go off and the backlight will flash at the set time when the daily alarm is active. To stop the alarm and flash, press any button.

HOW TO USE THE CHRONOGRAPH
To start or stop a simple count-up.
1. Select the CHRONO mode using the S3 button. The last recorded lap and lap time will be displayed above the total accumulated time.
2. Press the S2 / S5 button to clear the chronograph.
3. Press the S1 button to start a count-up. The RUN indicator will light up and both counters on the display will run simultaneously.
4. Press the S1 button to stop. The STOP indicator will light up. The chronograph counts from 0 hour, 0 minute and 00.00 second to 9 hours, 59 minutes and 59.99 seconds and back.

To keep track of individual lap time and total accumulated time.
1. Clear the chronograph first by pressing the S2 / S5 button.
2. Press the S1 button to start the count-up.
3. Press the S2 / S5 button whenever you want to register a lap. The current lap number and lap time will be frozen above the accumulated time for eight seconds before setting off again automatically. While the chronograph is running in the background, the LAP and SPLIT indicators will light up and the RUN indicator will flash. When the chronograph starts running in the foreground again, the lap time will start from 8:00 seconds while the total accumulated time will register the total time elapsed.
4. Repeat the last step until you mark all the laps. If you have more than 10 laps, the lap number will show a flashing "F" and the extra laps will not be kept in record.
5. Press the S1 button to finish.
6. Press the S2 / S5 button to clear.

If there are laps previously recorded, you can change the lap number while recording new ones. To do so,
1. Press the S2 / S5 button when the chronograph is running in the background.
2. Keep pressing the button until you locate the lap you want and the chronograph will pick up the record from there.

HOW TO USE THE RECALL MODE.
After registering some laps, pressing the S3 button after the CHRONO mode will bring you to the RECALL mode. The RECALL indicator will light up.
To recall the individual lap time and total accumulated time, press the S1 button to scan from one lap to another. Note that only the last cycle of laps will be recorded.

HOW TO USE THE PACER
Select the PACER mode using the S3 button. The PACER indicator will light up. The pacer frequency will be displayed above the normal time. Use the S2 / S5 button to select the frequency or number of beeps the pacer will emit in a minute. You can select from 40 to 160 in 19 settings. To start a pacer, press the S1 button. To stop it, press the button again.

HOW TO USE THE TIMER
To set the count down time,
1. Select the TIMER mode using the S3 button. The timer will be displayed above the normal time.
2. Press and hold the S2 / S5 button. The timer will recall the last countdown time and the second digits will blink.
3. Use the S1 button to set the seconds.
4. Press the S3 button. The minute digits will blink.
5. Use the S1 button to set the minutes.
6. Press the S3 button. The hour digits will blink.
7. Use the S1 button to set the hours.
8. Press the S2 / S5 button to confirm.

You can set the timer from 0 hour, 00 minute and 00 second to 9 hours, 59 minutes and 59 seconds.
To start a countdown, press the S1 button. Press the button again to stop.

When the timer reaches zero in a countdown, it will automatically count up. Warning beeps and backlight flashes will be emitted. To mute the beeps and stop the flash, press any button. Press the S1 button to stop the counting all together.
To recall the countdown time, press the S2 / S5 button when the timer has stopped counting.

WARRANTY INFORMATION

Freestyle U.S.A. warrants, to the original purchaser, that its watches are free from defects in materials and workmanship for a period of ten (10) years under normal use. The warranty excludes batteries, crystal, watch case plating, and strap/ bracelet/ band. The warranty excludes normal wear and tear and abuse.
Special note: Freestyle® watches are designed and engineered to be highly water-resistant, and to

withstand the most active of lifestyles. The most important component in keeping your watch water-resistant is the case back O-ring, which prevents water from entering the watch through the case back.

Water leakage most often occurs after improper battery replacement. We strongly recommend having a certified jeweler, watch repair technician or Freestyle's service center replace your battery. Water leakage due to improper battery replacement is not covered under warranty.

Neither this warranty, nor any other warranty expressed, is assumed for any incidental or consequential damages, including but not limited to the mathematical accuracy of the product. Some states do not allow limitations on how long an implied warranty lasts, or the exclusions of or limitations on consequential damages, so the above limitations may not apply to you. This warranty gives you specific legal rights, and you may have other rights which vary from state to state.

This warranty applies to watches purchased in the United States. For watches purchased outside the United States, please contact your authorized Freestyle® dealer for warranty information.

If your watch requires servicing not covered under our warranty (battery, crystal, strap/bracelet/band, watch case plating), or refurbishing, complete the return form (next column) and return with your watch.

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